

# St. Vincent de Paul Conference @St. Raphael-Holy Angels Parish Resource Guide 2025

This guide lists contact information for agencies that may offer assistance to those seeking help in times of need. The information is as accurate as was available at time of publication. The SVDP Conference at St. Raphael-Holy Angels Parish is not responsible if contact information has changed after printing and does not guarantee that resources listed can help in every client's need. It is offered as a starting point for getting specific assistance.

To access clickable links for resources listed here, visit our website

https://svdpstraphaelha.wixsite.com/stvincentdepaul

and click on Resource Guide in the main menu

or

use this QR code to get to the website
and click on Resource Guide in the main menu



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#### CONSTITUENT RESOURCES GUIDE

The office of Congressman Andy Kim has provided the following lists of resources in New Jersey's 3rd Congressional District and beyond. These lists include organizations with a wide variety of purposes.

To access the full list online, go to

https://kim.house.gov/resources/constituent-resource-guides

or visit our website

https://svdpstraphaelha.wixsite.com/stvincentdepaul

and click Resources, then New Jersey Resources

**Housing Resources** 

Mental Health Resources

Food Assistance Resources

Children and Family Resources

**Disability Assistance Resources** 

**Domestic Violence Resources** 

**Utility Assistance Resources** 

Additional guides:

Workers Assistance Resource Guide

These resource guides are also available on our website at

https://svdpstraphaelha.wixsite.com/stvincentdepaul

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### **GENERAL ASSISTANCE**

Arm in Arm	Food, housing, support services	609- 396- 9355	http://arminarm.org
Bereavement Support Group-St. Raphael-Holy Angels Parish	Monthly meeting to provide opportunities for growth beyond pain & sorrow of grief	609- 890- 1011 (Deacon Tharp)	
Catholic Charities	Assistance to individuals, children, families, support for immigrants and those with mental illness & substance abuse	1-800- 360- 7711	https://catholiccharitiestrenton.org
Mercer Co. Board of Social Services	Welfare, Medicaid, food stamps	609- 989- 4320	https://www.mcboss.org/
NJHelps	Check eligibility for food assistance, cash assistance, health insurance		https://www.njhelps.gov

# <u>FOOD</u>

St. Raphael- Holy Angels Parish Food Pantry SNAP	151 Gropp Ave, Hamilton 08610; every other Saturday 9AM to 11AM Supplemental Nutrition Assistance Program	609- 585- 3848 1-800- 687- 9512	http://www.NJSNAP.gov
Mt. Carmel Guild	Food and prevention services	609- 392- 3402	https://mtcarmelguild.org/
Food Pantries.Org	Food pantries and food resources in Trenton area		https://foodpantries.org/ci/nj- trenton
WIC	Supplemental foods for pregnant, breastfeeding, and postpartum women, infants, and children	609- 695- 6274	https://www.wicprograms.org/ci/nj-trenton
Trinity United Methodist Church – 339 Farnsworth Ave., Bordentown	Gently used clothing, housewares, & more		www.facebook.com/TrinityUMC/

# <u>HOUSING</u>

Amani House, Trenton, Transitional Housing	Transitional housing services	609- 393- 3168	
HomeFront	Housing and supportive services for families	609- 989- 9417	http://www.homefrontnj.org
Homeless Hotline		609- 468- 8296	
NJShares	Connects low and moderate income households with necessary resources		https://njshares.org
Rescue Mission of Trenton	Food, shelter for singles 98 Carroll St. & 72 Ewing St., Trenton	609- 695- 1436; 609- 695- 2250	https://rescuemissionoftrenton.org/
Salvation Army of Trenton	Food, shelter – 436 Mulberry St., Trenton	1-800- SAL- ARMY; 1-800- 728- 7825	https://easternusa.salvationarmy.org/new-jersey/trenton/

#### **UTILITIES**

LIHEAP	Low Income Home Energy Assistance Program	1- 800- 510- 3102	https://www.benefits.gov/benefit/1492
LIHWAP	Low Income Home Water Assistance Program	211	https://lihwap.us/state/new.jersey
NJ Lifeline Program	Utility assistance to those PAAD eligible or who receive SSI benefits	1- 800- 792- 9745	https://www.nj.gov/humanservices/doas/home/lifeline.htm.

#### **TRANSPORTATION**

Access Link	1-800- 955- 2321	https://www.njtransit.com/
TRADE	609- 530- 1971	www.mercercounty.org (SEARCH TRADE)

### **EMPLOYMENT**

NJ Pay It	A workforce		https://www.njpayitforward.org
Forward	development		
	program for NJ		
	residents for		
	in-demand,		
	family-		
	sustaining jobs		
	in industries		
One Stop	Employment	609-	
	service	989-	
		6523	

### CHILD CARE

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Child Care NJ	State's child	1-800-	https://www.ChildCareNJ.gov
	care	332-	
	program	9227	
	provides		
	information		
	about		
	applying for		
	child care		
	assistance,		
	where to		
	find child		
	care,		
	licensing and		
	complaint		
	data and		
	what makes		
	a quality		
	program		

#### **SENIORS**

Department	Information	1-	https://ww.nj.gov/
of Human	on services	877-	humanservices/
Services/	for seniors	222-	
Division of		3737	
Aging			
Services			

#### **YOUTH SERVICES**

Anchor House	24/7	609-	https://www.anchorhousenj.org/
	youth	396-	
	services	8329	
	under 21		
	years old		

# COVID

Vaccination &	-	1-	https://www.COVID19.nj.gov
Testing &	8	800-	
Questions	٥	962-	
	1	1253	

#### **DISABLED**

Services for Individuals with Disabilities		1-888- 285- 3036	
Mercer Co. Assn. for the Blind & NJ Council of the Blind	For information and training call Wanda	609- 375- 6682	

#### **DOMESTIC ABUSE**

Womanspace	Domestic	609-	https://womanspace.org/
YOUNITY	abuse	394-	
	services/Safe	9000	
	House/18		
	years & over		

#### **VETERANS**

Veterans' Administration	-	609- 189-	https://www.va.gov/
Administration	_	5120	

#### FINANCIAL WELLNESS

Free Financial		https://njfinlit.enrich.org
Wellness		
Website—NJ		
Dept of		
Treasury		

### **HEALTH INSURANCE**

NJ Family Care health care coverage  1-800- 701- 0710  https://www.njfamilyca	are.org
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#### **MENTAL HEALTH**

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National Suicide & Crisis Lifeline	For those feeling stressed, anxious, depressed, or experiencing thoughts of suicide. Call or text 988 for the National Suicide and Crisis Lifeline	988	
National Suicide Prevention Hotline	Offers emotional support and help for those experiencing suicidal thoughts	1-800- 273- 8255	
Addictions Hotline		1-844- 276- 2777	
Capital Health Emergency Mental Health Services	For mental health crisis emergency treatment	1-609- 396- 4357	
CSOC— Children's System of Care	Substance abuse treatment for children	1-877- 652- 7624	https://www.nj.gov/dcf/ about/divisions/dcsc/

NJ MENTAL HEALTH CARES (Mental Health & Emotional Support)	Hotline offers emotional support, guidance, & mental health referrals	1-877-294- HELP; 1-866-202- HELP; 1-973-870- 0677 VP	https://njmentalhealthcares.org
NAMI Mercer County	Peer- support service providing information, resources, referrals & support to those with a mental health condition, family, caregivers, mental health providers & the public	609-799- 8994 X17	https://namimercer.org
NJREACH Addiction Treatment and Recovery	Talk with a substance abuse counselor 24/7	1-844- REACHNJ	https://www.nj.gov/ humanservices/ reachnj/
Oaks Integrated Care	Food, housing, support services	1-800-963- 3377	https://oaksintcare.org/

Substance Abuse and Mental Health Services Administration (SAMHSA)	The Disaster Distress Helpline is a free, confidential treatment referral & information service for individuals & families facing mental and/or substance abuse disorders	1-800-985- 5990 or text TALKWITHUS to 66747 (TTY)800- 846-8517	https://www.nj.gov/dcf/ about/divisions/dcsc/
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### **LEGAL SERVICES**

Central Jersey Legal Services	Free legal services in Central Jersey	609-695- 6249	https://lsnj.org/cjls/
Community Justice Center	Legal services for the low-income homeless, disabled, and returning disabled veterans and their families	609-218- 5120	http://nj- communityjusticecenter.org/
Legal Services of NJ	Legal services in NJ	1-732-572- 9100	https://lsnj.org
South Jersey Legal Services	Legal services in South Jersey	1-800-496- 4570	https://www.lsnj.org/sils
A Legal Manual for Tenants in NJ			<u>Isnj.org</u>
Looking Out for Your Legal Rights			<u>Isnj.org</u>